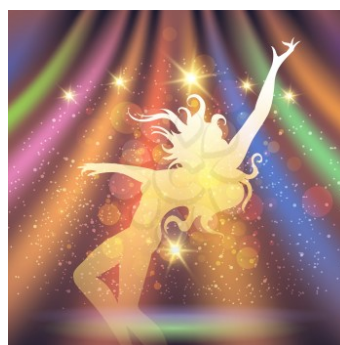




78th
NUNEATON
FESTIVAL OF
ARTS
2026

STAGE DANCING



**NB: THERE IS NO QUALIFIED
FIRST AIDER ON SITE AT THIS
EVENT.**



Affiliated to the British and
International Federation of
Festivals for
Music, Dance and Speech

www.nuneatonfoa.org.uk

Registered Charity Number: 1041379



Executive Committee

President: The Worshipful The Mayor of Nuneaton and Bedworth.

Chair: Mrs Gwyn Evans

Email: festival.chair@nuneatonfoa.org.uk

Hon. Secretary: Mrs Jane McConnell

Email: secretary@nuneatonfoa.org.uk

Publicity Officer: Mrs Val Squires

Email: publicity.officer@nuneatonfoa.org.uk

Tel: 0745 4242648

Vice Chair: Mrs Val Squires

Email: vice.chair@nuneatonfoa.org.uk

Hon. Treasurer/Trophies: Mrs Marjorie Owen

Email: finance@nuneatonfoa.org.uk

Email: marjorieowen24@gmail.com

Digital Officer: Mrs Jane Hanson

Email: jmh109@talktalk.net



Stage Dancing Secretary: Sharla Lawrence

E mail: sharla@thelawrencehouse.co.uk

Mob: 07841 923721



Closing date for all entries: Friday 7th March 2026

Venue: Abbey Theatre, Pool Bank Road, Nuneaton. CV11 5DB.

Competition: 25th/26th April, 2nd/3rd May. 9th/10th May 2026

Venue: Nuneaton and Bedworth Civic Hall: Civic Hall, High Street, Bedworth CV12 8NF

Troupe Day: 17th May 2026

including Festival Awards and *Solo Championship (see below)

Adjudicator: Catherine Ingram



Trophies and Awards



Trophies MUST be returned NO LATER than 25th April 2026

Please let the section secretary know if you are eligible for either of the following:

The Hart and Levy Award is open to competitors living within a 10 mile radius of Nuneaton.

Competitors **MUST** perform a ballet solo and **MUST** be 13 years and over.

The Tindhatters Award is open to competitors living within a 10 mile radius of Nuneaton.

Solo competitors of any age and any discipline **OTHER** than ballet.

***Solo Championship Bursary £50 and Festival Awards**

To be held at The Abbey Theatre

Selected soloists will perform one solo from the 2026 Festival.

The solos will be selected by the Adjudicator; an overall 1st, 2nd and 3rd place will be awarded

Nuneaton Festival of Arts Disclaim all responsibility for copies of copyright works used without permission of the copyright owners.

Copies of the full rules/safeguarding/GDPR/Privacy Policy can be found in the main syllabus/from the website (www.nuneatonfoa.org.uk) Any queries should be addressed to the Festival Secretary: secretary@nuneatonfoa.org.uk

Adjudicator: Catherine Ingram FISTF, MA.



Catherine has been the Principal of a large dance and theatre school for 30 years.

After training in classical ballet, modern theatre, jazz and tap dance, Catherine pursued her passion to train as a teacher with the Imperial Society of Teachers of Dancing, gaining Licentiate status, and furthered her training to become an Approved Tutor for the ISTD DDE qualification.

Catherine graduated from Middlesex University with a First Class Masters Degree in Dance Technique Pedagogy. During her teaching career, Catherine has successfully launched many students into the performing industry, including London's West End, cruise ships, and touring companies. She has produced, directed and choreographed many musical theatre productions, including Joseph and the Amazing Technicolor Dreamcoat, Rent, Bare, Smike, Fame, Seussical, and Avenue Q, to name but a few.

Catherine particularly enjoys working with children and young people, encouraging and inspiring them to achieve and maintain high standards in the performing arts. Catherine now divides her time between her role as Principal of her own dance and theatre school in Hampshire, teaching dance, working with youth theatre companies, teaching the DDE qualification and adjudicating.

She is looking forward to adjudicating the Stage Dancing section of the Nuneaton Festival of Arts in 2026

Classes	Entry Fees	Classes	Entry Fees
Solos/Duets/Trios/Quartets	£6.50 per competitor	Troupes/Groups	£4.00 per competitor

Age groups for Classes: Age as of the 31st August 2024

SOLO SECTIONS

Pre-junior	6 years and under
Class A	7 and 8 years
Class B	9 and 10 years
Class C	11 and 12 years
Class D	13 and 14 years
Class E	15 and 16 years
Class F	17 and over

DUET, TRIO (INC QUARTET) AND GROUP SECTIONS

Pre-junior	7 years and under
Junior	10 years and under
Intermediate	14 years and under
Senior	21 years and under

SOLO SECTION NOVICE: Junior 7 - 10 years Senior 11 years and over

Novice Solo Classes

Ballet (Classical and Modern), Character/Narrative, Global, Contemporary, Classical Greek, Tap, Jazz/Modern, Musical Theatre, Lyrical, Acrobatics.

Solo Classes

Ballet (Classical and Modern) Character/Narrative, Global, Contemporary (C,D, E only), Classical Greek, Tap, Jazz/Modern, Musical Theatre, Lyrical, Acrobatics.

Duet/Trio/Quartet Classes

Ballet (Classical and Modern) Character/Narrative, Global, Contemporary, Classical Greek, Tap, Jazz/Modern, Musical Theatre, Lyrical, Acrobatics.

Troupe Classes:

Ballet (Classical and Modern) Character/Narrative, Global, Contemporary, Classical Greek, Tap, Jazz/Modern, Musical Theatre, Lyrical, Acrobatics.

Choreography Class (Junior/Inter/Senior) Own choreography class - can be a solo, duet or trio

Classes

Solos/Duets/Trios/Quartets £6.50 per competitor
 Troupes/Groups £4.00 per competitor

Entry Fees**Age groups for Classes: Age as of the 31st August 2024****SOLO SECTIONS**

Pre-junior 6 years and under
 Class A 7 and 8 years
 Class B 9 and 10 years
 Class C 11 and 12 years
 Class D 13 and 14 years
 Class E 15 and 16 years
 Class F 17 and over

DUET, TRIO (INC QUARTET) AND GROUP SECTIONS

Pre-junior 7 years and under
 Junior 10 years and under
 Intermediate 14 years and under
 Senior 21 years and under

SOLO SECTION NOVICE: Junior 7 - 10 years Senior 11 years and over

Novice Solo Classes

Ballet (Classical and Modern), Character/Narrative, Global, Contemporary, Classical Greek, Tap, Jazz/Modern, Musical Theatre, Lyrical, Acrobatics.

Solo Classes

Ballet (Classical and Modern) Character/Narrative, Global, Contemporary (C,D, E only), Classical Greek, Tap, Jazz/Modern, Musical Theatre, Lyrical, Acrobatics.

Duet/Trio/Quartet Classes

Ballet (Classical and Modern) Character/Narrative, Global, Contemporary, Classical Greek, Tap, Jazz/Modern, Musical Theatre, Lyrical, Acrobatics.

Troupe Classes:

Ballet (Classical and Modern) Character/Narrative, Global, Contemporary, Classical Greek, Tap, Jazz/Modern, Musical Theatre, Lyrical, Acrobatics.

Choreography Class (Junior/Inter/Senior)

Own choreography class - can be a solo, duet or trio

BRITISH INTERNATIONAL FEDERATION OF FESTIVALS (BIFF) Performing Arts Marking scheme

DEVELOPING 65 - 69 A Performance demonstrating an awareness of technical skills, requiring more consistency and artistry
PROGRESSING 70 - 74 A Performance showing development of technique and/or communications and commitment
MERIT 75 - 79 A Competent Performance, showing some artistic awareness and /or technical ability.
COMMENDED 80 - 84 A Convincing Performance, technically and artistically, with increasing stylistic and communication skills
HONOURS 85 - 89 An Excellent Performance, demonstrating fluent, technical and artistic skills with emerging individuality
OUTSTANDING 90 - 94 An Impressive Performance, technically and artistically, displaying spontaneity and clear individuality.
EXCEPTIONAL 95+ A Superlative Performance, displaying exceptional artistic individuality.



Stage Dancing Section Rules and Conditions of **Entry: Amateurs only!

1. **Status:** The competition is for amateurs and students who do not derive the main part of their income from the teaching or performing of dance or those who do not attend vocational training courses.
2. ****Entries:** Any new schools wishing to enter the festival **MUST CONTACT THE SECTION SECRETARY TO determine availability of space within that year's festival.**
ALL ENTRIES MUST BE COMPLETED THROUGH THE FESTIVAL CONNECT SYSTEM.
3. **Payment:** Payment may be made by Cash or *Bank transfer. ***ADD THE PREFIX 'SDA' TO YOUR PAYMENT REFERENCE. Sort code: 30-96-26 A/C: 81013160**
4. **Age:** Competitors' age as of the **31st August 2024** with All England Dance qualifying rules.
5. **Sections:** The committee may combine sections when entries are small, divide a class when entries are large and have the power to interpret any of these rules as the occasion may arise. The committee reserves the right to refuse any entries.
6. **Liability:** The Festival does not accept liability for the infringement of copyright, recording or performing rights arising out of any competitor's accompaniment or performance. Teachers are advised that they are responsible for their own licences.
7. **Adjudicator:** The Adjudicator's decision is final and no discussion or correspondence concerning such decisions may ensue. The Adjudicator can reserve the right not to award any place, if, in their opinion, the standard was insufficiently high. First, second and third place medals will be awarded in each section, with the exception of troupes and groups.
8. **Performance:** Competitors may perform **ONCE** only in their own age group for each solo section and for each dance technique in a duet or trio section with the same partner.. The age of the eldest in a duet, trio or group determines the correct class.
9. **Time Limits: Must not be exceeded** and, the section will be rigidly timed. If a child is 'gonged' then he/she **must** leave the stage immediately. Competitors are advised to arrive and be ready to perform at least half an hour before the section is due to take place.

The Time Limits are:

Solos 10 years and under:	1½ minutes, 2 minutes for Musical Theatre
Solos 11 years and over:	2 minutes, 2½ minutes for Musical Theatre
Duets:	2½ minutes, 3 minutes for Musical Theatre
Trios:	2½ minutes, 3 minutes for Musical Theatre
Groups/Troupes:	4 minutes, 4½ minutes for Musical Theatre

10. **Accompaniment:** For any Musical Theatre must **not** include any recorded singing or chanting. Accompaniment for any tap section must **not** include any recorded tap or similar sound effect.
11. **Pointe:** Work is **not** allowed for any competitor under 14 years old. Fixed tap only may be used for tap dancing.
12. **Novice:** Novice classes are open to those who **have not** been placed first in any competition.
13. **Late Entries:** Please note that late entries will **not** accepted.
14. **Photography:** No photography or filming by equipment of any kind, including mobile phones, is allowed during performances.
15. **Trophies:** to be returned by no later than 4th May following the award.
16. See website/full syllabus for Federation rules, safeguarding/GDPR/privacy policy.
17. **SHOES MUST BE WORN WHEN WALKING AROUND THE THEATRE UNTIL THE COMPETITOR/S ARE IN THE BACKSTAGE AREA.**
18. ****NB: NO ENTRIES WILL BE ACCEPTED WITHOUT CONTACTING THE SECTION SECRETARY, SHARLA LAWRENCE FIRST.**

SAFETY OF PERFORMERS

It is necessary for teachers and parents to be aware of their responsibilities in entering performers with limited physical or special needs, bearing in mind the limitations imposed by the stage and surrounding environment. It is also necessary for the teacher or parent to pass on to the Adjudicator, via the organiser, any such information that would impact on the Adjudicators' work.